

WIPS IN MCL : LAKHANPUR AREA (OCT 2017 to DEC 2018)

AREA REPRESENTATIVE : DR A.I.J Tiru ,CMO

1.WORLD DIABETES DAY-14/11/17

World Diabetes Day was celebrated in Lakhanpur Area Dispensary on 14th of November 2017. In which Dr.(Mrs) . A.I.J. Tiru explained the public about diabetes its types, its sign and symptoms, about diets and precautions majors to be taken by the patients n relatives about treatment. Sevral peoples were benefited by the presentation. In which Wips members were actively participated to organize the program n make it a great success.



2.HEALTHY BABY SHOW CUM COMPETITION-19/11/17

Healthy baby show cum competition held in Lakhanpur Area Dispensary on 19/11/17 .91 children upto 5years participated .They were divided into 3 groups.0-1years,1-3years and 3-5 years.1st , 2nd , 3rd prizes along with 10-10 consolations prizes were given to each groups. Special guest were members of the “ Sangam Mahila Mandal” who distributed prizes to the winners . one mug along with a biscuit packets were given to all participants. In which Wipsmembers participated in organizing and managing the program.





3. WORLD AIDS DAY-1/12/17

On World AIDS Day an awareness Programme was organized by Lakhanpur Area Dispensary in which Wips members helped for smooth running of the program. Various program like # Rally by students #Drawing competitions on the topic AIDS #Speeches by teachers and Doctors # Prizes were given to the winners.



4.HEALTH CAMP AT JORABAGA VILLAGE-20/12/17

Free Health check up camp was organized at Jorabaga Village by Lakhanpur Area Dispensary on 20/10/17 which was inaugurated by Respected GM of Lakhanpur Area. Health check up of 175 patients were done and medicines were distributed.



5.HEALTH CAMP AT KUDOLOI VILLAGE-8/2/18

Village Health camp was organized by Lakhanpur area Dispensary, MCL at Kudoloi village near Lakhanpur Mines on 8/2/18. About 135 patients were seen and free medicines were distributed to the villagers.



6.HEALTH CAMP AT KHADAM VILLAGE-28/2/18

Village camp done at Khadam village near Lakhanpur Area on 28/2/18 by Lakhanpur Area Dispensary. It was attended by APM Lakhanpur Area and Mr. S J Jano (HOD LNR Dept). Check up of approx. 90 patients were done and free medicines were distributed.



7.WOMENS DAY-8/3/18

Lakhanpur Area organized various programs on Women's Day. We organized free **Thyroid detection camp for women**. Thereafter conducted a rally to spread awareness and empower the women in the society. 25-30 rally board was made to display various quotations regarding woman empowerment. This rally was inaugurated by Dr. A.I.J.Tiru, WIPS Area Representative and Sri Niranjan Patel, Asst. Personal Manager, LKPA. The rally was started at 10:00 AM from the Lakhanpur Area Dispensary to Triveni Club, where all the members of WIPS have participated to make the day into a successful event.

After the rally, a registration process of participants was held where all the members were felicitated with a kit including a letter pad and a pen. Total 90 WIPS members participated in the event.

Thereafter, a program on Women's Day celebration was started around 11:00 AM, where Sri C.R.Das (AFM) and Sri H.P. Singh (Area Safety Officer) were invited as Guest of Honor cum Judges. This program was inaugurated with the speech of Dr. (Mrs.) A.I.J.Tiru, WIPS Area Representative where she talked intensively about Women's Day and described briefly about the theme of our program "Press For Progress". Then she focused her talk on the need and importance of women centric organization like WIPS, where she has nicely elaborated the role and rights of women employee in Public sector to empower them. She had also elaborated past and future activities of WIPS.

After her inspiring speech, the program was kick started with a slogan writing competition followed by speech competition among the members of WIPS. 16 members participated in slogan writing and 15 members participated in speech competition. In which Mrs.L.M.P.Dani 1st, Mrs.Nutan Priti Minj 2nd, Mrs.Rashmi Rekha Ray 3rd in slogan competition and Mrs.Gurmeet Kaur 1st, Mrs.Sunita Kujur 2nd, Miss. Nirupama Sathpathy 3rd in speech competition.

At the end of the program the winners were felicitated and consolation prizes were given to each and every participant by our guest of honor.

After the prize distribution ceremony, lunch was provided to all. And, at around 2:00 PM program was continued with collaboration of SangamMahillaMandal where all women participated in the following events like jhooti making, mehendi, nail art, juda making, puja thali decoration, slogan writing, bangle setting & lastly an open quiz competition for all.

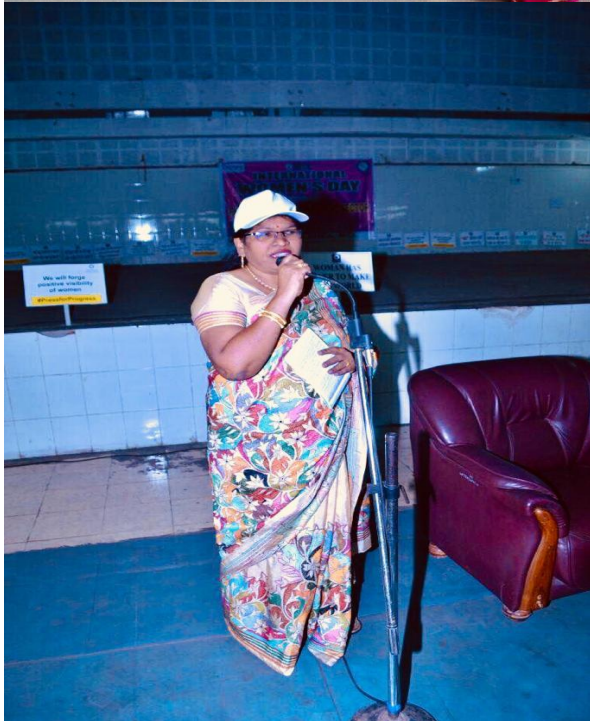
Total ten programs were organized since morning :

1. Speech competition ,
2. Slogan writing(WIPS members),
3. Jhooti making,
4. Mehendi,
5. Nail art,
6. Juda making,
7. Puja thali decoration
8. Slogan writing,
9. Bangle setting,
10. Open quiz competition for all.

The judges namely Dr.(Mrs). A.I.J.Tiru, W/O.Principal DAV School(teacher), Art teacher of DAV School were invited for the above events and prizes were distributed to the winners and participants.

Mrs. Sujata Senapati, Clerk, B.O.C.M has been selected as best female employee of Lakhanpur area & she was felicitated by Smt.Sushila Gupta, President, Sangam Mahila Mandal on the occasion. The program was concluded with a final word from all the Judges and Smt.SushilaGupta, President of Sangam Mahila Mandal.

At the end the program was remarked as a grand success.





8.HEALTH CAMP AT KUSRALOI VILLAGE-10/3/18

A Village health camp at Kusraloi village was done by Lakhanpur Area Dispensary with the help of WIPS members on 10/3/18. Check up of 81 patients were done and free medicines were distributed.



9.HEALTH CAMP AT KANDASAR VILLAGE-21/3/18

A village health camp was done by Lakhanpur Area Dispensary with collaboration of WIPS members at Kandasar village near Lakhanpur Area and free health check up done & free medicines were distributed among 71 patients.



10.HEALTH CAMP AT KARPABAHAL-6/4/18

A Village health camp was organized by Lakhanpur Area Dispensary at Karpabahal village on 6/4/18 near Lakhanpur Area. Health check up was done & free medicines were distributed among 5 patients . In which WIPS members also participated to show their support for this noble cause.



11.WHO DAY-7/4/18

On the occasion of World Health Day Wips of Lakhanpur Area organized seminar on health topic . The program was conducted under the guidance of Wips Area Representative Dr.(Mrs).A.I.J.Tiru & supervised by Dr(Mrs). N.Nair & Mr.Niranjan Patel,Asst Personal Manager,LKPA. The program was held at conference hall of Lakhanpur Area office. Three power point presentation was done:

- 1.Life style disease –Miss. N. Satapathy(pharmacist)
- 2.Family Planning – Mrs. N.P.Minj(Staff Nurse)
- 3.Domestic Accident – Mrs. S. Kujur (Staff Nurse)

The meeting was started at 4pm & end at 6pm. About 60 members attended the seminar. Cold drinks and snacks were distributed to all participants. Lastly the program was concluded by the final speech of Mr. Niranjan Patel.The program was a great success .



12.MAY DAY-1/5/18

On the occasion of Labour Day Lakhanpur Area, Wips Area Representative Dr.(Mrs).A.I.J.Tiru awarded with Best Doctor of MCL 2018.



13.SUMMER EVENTS-2/5/18

WIPS members of Lakhanpur Area Dispensary contributed some amount of rupees to buy "SURAHI" to store cold drinking water for passerby in front of the Dispensary gate. Two surahi were purchased & emplaced on 2/5/18 by WIPS Area Representative Dr.(Mrs).A.I.J.Tiru in the presence of all the Wips members of the Dispensary. Timely Wips members refill the surahi with clean drinking water. Lots of passerby were benefited by the arrangement.



14.SCHOOL HEALTH PROGRAM-DAV SCHOOL-4/5/18

A School health program was done by Lakhanpur Area Dispensary to ensure the good health of our coming generation at DAV Public School, Bandhbahal. In which WIPS members participated and volunteered it on 4/5/18.



15.INTERNATIONAL NURSES DAY-12/5/18

International Nurses day was celebrated at Lakhanpur Area Dispensary to show respect & their values in restoring public health. The program was started by lamp lightening in front of Miss. Florence Nightingale photo in the morning oath taking was done . In the evening cultural program was held. In which WIPS members participated to organize the program nicely. Various cultural activities done in the evening by other staffs & Wips members. There was an arrangement of dinner for every person present there. The program was a grand success.



16.WORLD HYPERTENSION DAY-17/5/18

Awareness program on the occasion of World Hypertension Day was done at Lakhanpur Area Dispensary on 17/5/18 . The program was organized by Wips members. Dr(Mrs). A.I.J.Tiru (Area representative Wips) give a power point presentation to all patients n staffs present there,explaining the cause, factor of hypertension & various way to control it.Lots of peoples were benefited by the presentation.They cleared their doubts also by asking question coming in their mind.



17.WORLD NO TOBACCO DAY-31/5/18

World no tobacco day was observed in Lakhanpur Area Dispensary on 31/5/18 . Power point Presentation was given by Dr(Mrs) A.I.J.Tiru (Area Representative Wips) regarding the health hazards of consuming tobacco .How its effects our physical & mental health. How its affect our financial condition also. How to control it & what could be steps can taken by individuals to avoid tobacco.To stay fit & fine.Lots of people were benefitted by the presentation. The program was organized by Wips members.They help us to spread awareness among people of their community & encouraged them to participate in the events.



18. WORLD ENVIRONMENT DAY-30/5/18 TO 5/6/18

Lakhanpur Area MCL has organized seven day ceremony commencing from 30/5/18 & concluding on 5/6/18 on the occasion of World Environment Day. In which Wips members actively participated in various activities.



19. (a) SWACHHATA PAKHWADA – 16/6/18

Swachhata pakhwada is being celebrated from 16/6/18 to 30/6/18 in Lakhanpur Area . Oath has been taken by all the people in their respective place of working & in our Dispensary also to keep our premises clean always. In which Wips members helped to organized it nicely & spread awareness in their locality to keep the surrounding clean.



(b) SWACHHATA PAKHWADA RALLY-18/6/18

Swachhata pakhwada rally was organized in Lakhapur Area on 18/6/18 . All Wips members , union leaders, officers actively participated in the rally. The rally covered the whole colony , schools, dispensary, market area to keep their surrounding clean. So that we can have a clean & safe environment to live.





(c) SWACHHATA PAKHWADA-28/6/18

On the 13th day of swachhata pakhwada Lakhanpur Area organized a slogan & essay writing competition for Wips members. The topic of slogan was “Swachhata” & the topic for essay writing was “Efficiency & loop holes of swachhata pakhwada & how to overcome it”. Total 18 members participated in the competition.



(d) SWACHHATA PAKHWADA-29/6/18

Leaning of Dispensary campus by Doctors, Staffs & Wips members on the occasion of swachatta pakhwada was done on 29/6/18.



20.INTERNATIONAL YOGA DIVAS-21/6/18 TO 24/6/18

A four days Yoga session was organized by Lakhanpur Area from dt.21/6/18 to 24/6/18 on the eve of International Yoga Divas.In which Wips members participated & volunteered them also for the smooth running of the program.The four days Yoga program was organized specially for the ladies & kids to understand all aspects of ones being bodily health to self realization. All members actively attended the four days program held at Indra Dhanus Club Bandhbahal.



21.NATIONAL DOCTORS DAY-1/7/18

National Doctors Day was celebrated at Lakhanpur Area Dispensary on 1/7/18. All the arrangements were done by the Wips members. The program was started in the evening around 6:30 pm. In which WIPS members participated to organize the program nicely. Various cultural activities done in the evening by other staffs & Wips members . Speeches were given by Doctors & other staffs on the theme of the day. There was an arrangement of dinner for every person present there. The program was a grand success.



22.WORLD BREASTFEEDING WEEK-2/8/18

World Breast Feeding awareness program was held at Lakhanpur Area Dispensary on 2/8/18. The program was volunteered by Wips members. A power point presentation was given by Dr (Mrs) A.I.J.Tiru regarding the benefit & effectiveness of breast feeding to the baby, mother & its family members. How it effects the good health of mother & baby & how its financially affordable. How it is helpful for the better growth & development of the healthy baby. Special guest were President & members of the “ Sangam Mahila Mandal”.



23.HEALTH CAMP AT KANDSAR VILLAGE-8/8/18

A Village health camp at Kandsar village was done by Lakhanpur Area Dispensary with the help of WIPS members on 8/8/18. Check up of 65 patients were done and free medicines were distributed. Along with it Sangam Mahila Mandal distributed mosquito net, mosquito coil, biscuit packets & toffees to the villagers of Kandsar.





24.WORLD PHARMACIST DAY-25/9/18

World Pharmacists day was organized for whole MCL by Lakhanpur Area on 25/9/18. The Chief Guest was Dr. D.K.Hota(CMS HQ MCL) & special guest were Mr. A.K. Swarnakar(AGM LKP Area) & Dr. Arun Agarwal (CMS Incharge Central Hospital IB Valley).Mr.A. Sahoo, Mr.S.k.Singh & Miss. N.Satpathy had given their power point presentation about pharmacy in details.27 pharmacist from different areas attended the program.Chief Guest Felicitate some of the pharmacist.The program was organized by the Wips Area Representative Dr.(Mrs).A.I.J.Tiru & Miss Nirupama Satapathy.The program was appreciated by everyone.





25. AIDS DAY -01/12/18

AIDS Day was observed in Lakhanpur Area Dispensary on dt. 01/12/2018 under the supervision of Dr. (Mrs). A. I. J. Tiru (WIPS, Area representative). A rally was organised to spread awareness among the people by the students of D. A. V. Public school, Government odia school & Saraswati sishu mandir school of Lakhanpur which was supervised by the doctors, staffs and WIPS MEMBERS of Lakhanpur area. A drawing competition was held for the students of all the three schools in 2 groups of senior and junior on the theme of AIDS awareness. Where winners are awarded with prizes. Teachers were felicitate with a token of appreciation for their nice cooperation. Packets was distributed among all the students and participated members. Lastly the program was completed smoothly and nicely.



26.AWARENESS ON SEXUAL HARRASSMENT AT WORKPLACE -05/12/18

Training programme of female employees of IB coalfield on the topic of Sexual Harassment at workplace at Triveni Club of Lakhanpur Area was held on 5/12/2018 organised by Lakhanpur area under the supervision of WIPS Area Representatives Dr. (Mrs) A. I. J. Tiru. Two guest Lecture :

1. Madam Rajlaxmi Dash- Member Madhyam (NGO) & member of Child Welfare Committee.

2. Madam Snehanjali Mohanty, member state commotion for women. Were invited to give lecture on the topic for the female employee. Registration of 109 female & male employees were done. The program was started by the Chief guest General Manager of Lakhanpur Area Sri. R. P. Gupta, Dr. (Mrs) A. I. J. Tiru & by guest lecturers. The first session was started at 10.30 am for a period of 3 hours in which Snehanjali madam explained details about sexual harassment, about ICC & LCC & how to take legal action and its various steps. After lunch the next session of 2 hours started by Madam Rajlaxmi of interaction section. The guests were felicitated after the session. A quiz competition was organised n prizes were given to the winners. Lastly Cultural activities of 1 hour with dances and song concluded the events. The programme was a grand success.

