



WIPS ACTIVITY REPORT FOR ACTIVITIES HELD IN BHEL (BHOPAL & MUMBAI) FROM JAN-2014 TO DEC-2014

1. 14.01.14: HALDI KUMKUM ON THE EVE OF “MAKAR-SANKRANTI”



As per Maharashtrian traditions, a program of “Haldi-Kumkum” was organized by WIPS in office premises, for all female employees to celebrate “Makar-sankranti” on 14.01.14. All ladies applied haldi and kumkum on each other’s forehead. It was a time to cherish the goodness of important traditions of our Indian culture associated with the beginning of the New Year. Everyone enjoyed the program.

2. 21.01.14: ANNUAL PRIZE DISTRIBUTION AND DECLARATION OF NEW EXECUTIVE BODY THEME - ATTITUDES FOR EXCELLENCE



Executive Director BHEL Bhopal Sh. S.R. Prasad was the Chief Guest and Mr. Girish Shrivastava GM (HR) was the Presiding Officer. Mrs. Aradhana Jha, Commandant CISF, shared her thought on the theme. She explained various attitudes which are required to excel in career. She said that Attitude is the inner strength of a person and Excellence is the quality of being outstanding in all endeavors. Mrs. Jha emphasized that one has to set its goal and make efforts with Self-confidence to achieve the target. A positive perspective has to be developed and the law of attraction makes them a positive era. The prizes were distributed to the winning participants of the various competitions. The New Executive Committee members of WIPS, BHEL, Bhopal was declared.

3. 01.03.14 TO 07.03.14: SLOGAN AND BANNER COMPETITION

Slogan and the banner competition was organized in the first week of March’14. For Slogan competition the entries were invited in Hindi and English separately on the topic “Today’s progressive women”.

The theme for Banner competition was “WWW.....WE WOMEN LEAD THE WORLD.” Both competitions were organized online keeping in view the targets and the work in the last quarter of the financial year.

The judges of these competitions were Sh Kishore Purswani, GM-Hydro, .MrsS.Bhattacharya and MrsKiran Gupta, Senior Members from ladies club.

4. 08.03.14 : INTERNATONAL WOMENS DAY AT BHOPAL



Chief Guest was Sh. S.R.Prasad Executive Director BHEL Bhopal, and Guest Speaker was Ms. H.K. Sanhotra, Dy. Commissioner, KendriyaVidyalayaSanghthan, Bhopal. The Guest Speaker, shared her views on the theme of the programme “We Woman Lead the World. She also gave details about the activities being done by the KendriyaVidhyalayaSangathan. The programme was attended by General Managers DROs and the WIPS members.

5. 08.03.14 : INTERNATONAL WOMENS DAY AT MUMBAI



Chief Guest of the function was Sh. TejPrakash, GM-ROD, Mumbai,. The program included presentation by Ms. PranaliNannaware on Women empowerment, followed by cultural programmes- group song & dance performance. There was a quiz on prominent women achievers & riddle /puzzle games which were enjoyed by the audience. The program concluded with the prize distribution ceremony.

6. 07.04.14: EXTEMPORE SPEECH COMPETITION ORGANISED



Theme of competition was "Women Leadership". The topics for extempore were related to theme. Women employees from all cadres had participated, Participants were given 2 minutes to prepare for topic and speak on the topic for 1 minute.

Shri Vinodanand Jha, from Publicity & Public Relations an english expert and Shri Hareesh Singh Bagwar, from HRM, Hindi cell incharge were the judges. Participants were judged on clarity of speech, thought process, content, confidence, connectivity etc. and other criteria.

The participants were enthusiastic and all of them spoke very well. It was a good training cum exercise for all. Overall it had boosted the morale & self-confidence of ladies.

7. 25.04.14: WIPS ANNUAL DAY CELEBRATION



Organized at BHEL Cultural Hall with the theme “We Women lead the World”. Dignitaries on dais were; Shri S.R. Prasad, ED, BHEL Bhopal and the Chief Guest, Mrs. Neelima Prasad, President Ladies Club, BHEL Bhopal and Guest of Honour, Shri SarveshChaturvedi, GM (HR) presiding officer and Guest Speaker, Ms. Aruna Mohan Rao, Additional DGP, Bhopal, Dr. Sarla Menon, Unit Coordinator, Ms. Mamta R. Dingrocha Unit co-cordinator and Mrs. Dolly Gera, Secretary WIPS.

e-Magazine of WIPS BHEL Bhopal VOW! - Voice of Women was inaugurated by Shri S.R. Prasad, ED, BHEL Bhopal. Ms. Daisy C.Bhalla was the chief editor of the magazine.

Shri SarveshChaturvedi, GM (HR) and Presiding Officer congratulated WIPS on the steps being taken for empowering women. He emphasized that development and empowerment of women is possible only if we respect them as human beings.

MsAruna Mohan Rao, Additional DGP, Women against crime cell, Bhopal and Guest Speaker, shared about the role of women in society. She expressed her thoughts on the theme “We Women Lead the World” and emphasized that women need to be given freedom and independence in order to make her empowered and scale new heights.

Shri S.R. Prasad, ED, BHEL Bhopal and Chief Guest on the occasion congratulated WIPS on the success of this programme and various achievements of WIPS. He said that only self-management can bring change in the role of women at work place and at home.

Prizes were distributed to the winning participants of various competitions conducted throughout the year 2013-14. A small cultural programme was also organized by various women employees.

8. HEALTH AWARENESS PROGRAMMES ORGANIZED FOR WOMEN EMPLOYEES

WIPS along with Medical department organized following programmes related to common health problems of women.

07.04.2014: Lecture for pregnant ladies by Swami Nirmalanandiji,

23.04.2014: Vector borne disease by Dr. Archana Tayde and Dr. Vivek Soni and

01.05.2014: Spirituality & Health by Dr. Renu Rawal.

Lady employees were benefitted by the use information given by the speakers

9. 08.05.14: PROGRAMME ON “ENLIGHTENED LIVING



The programme was conducted by WIPS alongwith HRDC for women employees of BHEL Bhopal. Ms. Sunaina Sharma Ex. Unit co-cordinator was the Chief Guest.

MsNiveditaGanguli, Psychologist and Trainer from Vadodara was the faculty. The focus of this programme was on women empowerment. The program helped in exploring oneself understanding real empowerment - meaning of freedom, stress management, energy management and developing

time saving attitude, dealing with stressful situations, emotion management, creating impact in communication process to deal with variety of people, to realize importance of motivation and strategies to motivate self and others. 34 participants attended the programme.

10. 06.06.14- 07.06.14: PROGRAMME – “FROM FACADE MAKEOVER TO THE LIGHT WITHIN”



The programme was organized by WIPS along with HRDC in the Vikas Hall. Women employees of BHEL Bhopal. The faculty was Ms. Madhu Sharma, trainer and consultant from New Delhi. This programme was a specially designed with focus on overall development of women personality in order to live up to the changed trends of today's competitive world. Ms. Mamta Dingroha Unit co-ordinator was the Chief Guest.

In outer personality, personal grooming was covered helping to establish credibility as a professional. In doing so tips were given on dressing, makeup in a nutshell how to look neat, attractive and presentable at work place. However this would have been incomplete without a positive frame of mind hence on the second day skills were imparted to remain positive, motivated, and enthusiastic under challenging situations without losing the control.

11. 18.07.2014 LECTURE ON TAX PLANNING AND FILING



WIPS Organized a lecture for women employees of BHEL, BHOPAL in IFX hall. Ms. Vinita Mathur CA was the Guest Speaker on this subject. The gathering began with a floral welcome of the Chief Guest Shri S. Chaturvedi GM-HR, BHEL Bhopal, Guest of Honour, Shri K.K. Nair, GM(HR-LAW), the Guest Speaker Ms. Vineeta Mathur CA Bhopal, and Mrs Jessy Subramaniam an active WIPS member retiring in the month.

Dr. Smt. Sarla Menon, Unit Coordinator, WIPS, BHEL, Bhopal welcomed the gathering on this occasion and addressed the audience. Shri S.Chaturvedi GM-HR inaugurated the program.

Addressing the gathering he said that topic is well chosen and is quite relevant to ladies as woman is the money saver of family. Also it is Income Tax return filing time this lecture shall benefit ladies a lot. The Guest Speaker, Ms. Vineeta Mathur CA enlightened ladies on complicated issues of taxation in very easy way.

12. 24-07-2014: PROGRAMME – “YOU AND ME: BRIDGING THE GAP”



The programme was organized by WIPS along with HRDC in the Vikas Hall. Participants are both Men and Women employees (50% each) of BHEL Bhopal. Dr. Somali Gupta, Professor Govt. Girls College, Durg was the faculty for this programme.

This programme was specially conducted for developing professional sensitivity among colleagues at Workplace (Gender Sensitivity) for Executives and Supervisors including men and women. Many women participants attended the programme which focused on defining one's own Gender Construct, looking to one's own stereotypical patterns, expectation and balancing self.

13. 07.08.14 AWARENESS PROGRAM ON BREAST FEEDING



Dr. Archana Jiwane consultant Paediatrics emphasized on benefits of breast feeding, as with changing time mothers have lost / lowered faith in the nature's gift and are attracted towards readymade or top milk freely available in market, causing lot of health concern and also indirectly leading to increased infant mortality rate. To save the infants from the ill effects of topmilk stress was given on breast milk as it has all the ingredients required for both mental and physical development of child, also tailored according to maturity of baby. Also has antibodies and leucocytes which protects the child against diseases as child immune system is not so mature enough to combat infections in the early months of life. The role of colostrum in first three days of life was explained and mothers were motivated for exclusively breast feeding the child in first 6 months of life.

OCTOBER 2014: SLOGAN AND ESSAY COMPETITION

As a part of WIPS SILVER JUBILEE celebrations, Slogan and Essay competition was organized in the second week of October'14.

For Slogan competition the entries were invited in Hindi or English on the topic "Carving the Way forward".

The topic for Essay competition was "25 years of WIPS and Way Forward." Both competitions were organized online keeping in view exigencies of work.

The judge of these competitions was Dr. (Mrs.) Pratibha Thakur, Dentist and Senior Member from Ladies Welfare Wing.

14. 16.10.14 DESSERT COOKING COMPETITION HELD AT EMRP



As per Indian tradition & culture, sweet dishes are an integral part of Festival celebrations. So carrying this legacy forward, a "Dessert cooking competition" was organized under the banner of WIPS on 16.10.14 at EMRP. Participants had cooked desserts at home & presented it here in decorative manner. The judgment was done based on taste, presentation & flavor of the dish. The event was successful, as participants enjoyed the event a lot.

15. 14.11.14: CHILDREN'S DAY CELEBRATION AT BHEL BHOPAL



WIPS organized Children's day program in crèche in company premises. Sh. S. Chaturvedi (GM-HR) was chief guest for the program & Dr. Sarla Menon, Unit Coordinator, Ms. Mamta R. Dingrocha Unit coordinator and Mrs. Dolly Gera, Secretary WIPS & other senior officials from HR deptt were also present. GM-HR visited crèche area thoroughly, interactive session held between WIPS executives & HR officials for improvement/enhancement of facilities at crèche. One LCD monitor was gifted to all

the kids of crèche for their educational as well entertainment purposes. Cake was cut by kids & all kids enjoyed fancy dress show.